



Cub Scout Pack 162 Southbury Scouting for Food to Benefit Southbury Food Bank



Let's help Cub Scouts Pack 162 stock The Southbury Food Bank this fall!

How you can help:

1. Please fill **the provided** grocery bag with any of the items listed below
2. Leave the items by your mailbox

Local Scouts will pick up your bag on

Saturday, November 1st

(please leave your bag out by 9.a.m)

What is needed (Critical Needs List):

Peanut Butter and Jelly

Canned Vegetables

- Spinach
- Mushroom
- Green Beans
- Olives
- Carrots
- Beets
- Asparagus
- Potatoes

Paper Goods

- Toilet Paper
- Paper Towels
- Tissues

Mayonnaise and Ketchup

Salad Dressing

Gravy

Stuffing

Baking Mixes (brownie, cake, cookies,
etc...)

Pasta and Pasta Sauce

Lasagne noodles, Cellentani, bow ties,
Orzo, shells, Elbows, Cavatappi, Whole
Wheat, Ditalini, Gemelli, mini wheels

Beverages

- tea bags
- Bottled Juice

Boxed Potatoes

- Scallop
- Mashed
- Au Gratin

Canned Fruit

- pineapple
- pears
- peaches
- oranges
- fruit cocktail

Applesauce (cups/small jars)

Cereal

Snack Items (NO Costco Size)

- Cookies - Pretzels
- Crackers - Bagged Chips
- Pudding Cups (4 pack)

Oatmeal

- Boxed
- Small Canisters

Soup

- Broths (chicken/beef)
- Chicken
- Chowders
- Beef

Personal Care

- men's / women's razors
- shaving cream
- bar soap
- feminine products
- shampoo & conditioner

To serve our community members best **please check your expiration dates!**

If for some reason your bag is not picked up by 2PM, you can help us by delivering your donation to Stop & Shop or ShopRite and placing it in the blue donation bins inside the store.



Southbury Food Bank